

FALCON FAMILY NEWS

NOVEMBER 2011



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CLASS STATISTICS (as of 31 October 2011)

	Men	Women	Total
2012	865	239	1104
2013	861	221	1082
2014	871	258	1129
2015	827	234	1061
WING	3430	952	4382

HAPPY THANKSGIVING!

THANKSGIVING AND WINTER BREAKS

LMD (last military duty) for Thanksgiving is noon on Tuesday, 22 November. Cadets should allow at least 2 hours travel time to the Colorado Springs airport and 3 hours to Denver. Keep in mind, they won't set foot off the Academy at exactly noon!! Give them plenty of time to avoid rushing. Cadets must sign back in by 7:00 p.m. on MONDAY, 28 November.

Winter Break officially begins on 17 December; however, the cadets can depart after their last final (finals take place 12-16 December). The cadets should know their finals schedules by now. They must sign back in by 7:00 p.m. on MONDAY, 2 January 2012.

PETALS & BLOOMS

Dear Parents, we have a new web address for those of you who would like to get an idea of what to order for your cadet... <http://www.petalsnbloomsusafa.com/>. Please feel free to call us so we can put together an idea you may have for a floral arrangement, etc, which can be delivered right away. We are located on the Air Force Academy campus and deliver 6 days a week. Thanks so much for your continued support of Petals & Blooms.
Sincerely, Denise White/Owner 719-472-8589 719-244-7455

THANKSGIVING SAFETY TIPS

Thanksgiving is around the corner which means travel, crowds, eating, family, and more eating. Here are tips to go with all the festivities and help you get through the holiday safely and ensure many more follow!

First you have to get to your destination which means travel. Thanksgiving is the busiest travel period of the year. The ratio of drivers to fliers continues to increase but airports will still be teeming with travelers. The Department of Homeland Security (DHS) and the Centers for Disease Control and Prevention (CDC) suggest these tips to prevent the spread of the H1N1 flu: Stay home if you have the flu or flu-like symptoms, get the flu shots, cover your mouth if you cough or sneeze, and wash your hands regularly.

Thanksgiving and turkey go hand-in-hand but proper handling of the bird is important for the safety of your family. According to the New Hackensack Fire Department, in order to avoid the growth of bacteria, never thaw a turkey at room temperature; instead, thaw it in the refrigerator in its own unopened wrapper on a tray with the breast facing up. It should take about one day of refrigerator thawing for every four pounds of turkey, so you'd better start soon!

Thanksgiving Day has more than double the number of home cooking fires than an

average day according to the U.S. Fire Administration. In fact, each year more than 4,000 fires occur on Thanksgiving Day. However, even with the best preparation and precautions, accidents can happen. Thanksgiving is high time for cooking-related burns. Minor burns can be treated easily if you remember to save the butter for the rolls and not a burn. For a superficial burn, cool the area by running it under cold water until the heat eases and then loosely cover the burn with a sterile dressing (not the turkey dressing!).

When cooking, keep young children away from the kitchen and do not wear loose sleeves or dangling jewelry to avoid spills and burns. Cook on back burners when possible and turn pot handles in to prevent accidental spills. Never leave cooking unattended and keep clutter away from sources of direct heat. If decorating with candles, never leave them burning in an unattended room.

Another danger that can interrupt a good turkey dinner is choking. The most common cause of choking is talking while eating. If you feel as if food may be caught in your throat, never leave the room, stay where others can see you to help if your airway becomes blocked. To help someone who is choking, remember "FIVE-and-FIVE Can Keep Them Alive." First, ask the person if they are able to breathe and if you can help. Once you know the person is unable to cough, speak or breathe, have someone call 9-1-1 or your local emergency number. Lean the person forward and give FIVE sharp back blows with the heel of your hand. If the obstruction isn't dislodged, give the person FIVE quick, upward abdominal thrusts. If you are alone, you can perform abdominal thrusts on yourself, just as you would on someone else. Thrusts can also be administered by pressing your abdomen firmly against an object such as the back of a chair.

Public Health flight members are dedicated to ensuring your cadet has the most current preventive health information available. Please do not hesitate to contact us if you have any questions or cadet public health concerns- Maj Brigitte French at 719-333-5186.



News Release

U.S. Air Force Academy

Athletic Communications Office
2169 Field House Dr.
USAF Academy, CO 80840

Thursday, Nov. 3, 2011

AIR FORCE ANNOUNCES BOARD OF DIRECTORS FOR NON-PROFIT BOARD WILL OVERSEE AIR FORCE ACADEMY ATHLETIC CORPORATION

U.S. Air Force Academy, Colo. – The nine-member Air Force Academy Athletic Corporation Board of Directors was announced today by Director of Athletics, Dr. Hans Mueh. The Board of Directors has been approved by the Secretary of the Air Force based off recommendations from Academy Superintendent Lt. Gen. Mike Gould and Dr. Mueh.

The members are meeting this weekend for the first time. The purpose of the board is to assist the department of athletics in its mission of intercollegiate athletics, raising funds and providing oversight of the athletic association's newly established 501(c)(3) non-profit. The mission of Air Force athletics is to build future leaders of character by providing a realistic leadership experience in a mentally and physically challenging environment.

“This is a very exciting day for Air Force athletics and our future,” Mueh said. “The board of directors that we have the opportunity to work alongside is made up of industry leaders that will provide great leadership for the department as we move forward. Their leadership will be vital for us in athletics as we continue to produce future officers for our Air Force and the nation.”

A complete list of the board of directors follows below.

Alonzo C. Babers

Alonzo Babers is a 1983 graduate of the United States Air Force Academy where he earned a bachelor's degree in aeronautical sciences. He was a record-setting track and field athlete at the Academy but it is his post-Academy athletic career that really stands out. Babers earned the gold medal at the 1984 Olympics in Los Angeles in the 400-meter dash and the 4x400-meter relay. He was the 1984 Southland Cooperation Sportsman of the Year and the 1984 Touchdown Club Military Athlete of the Year. Babers has continued to be involved in sports and community. He served as the military athlete representative to the U.S. Olympic Committee House of Delegates and was responsible for advising the USOC on all matters relating to military athletes while promoting policies in the interest of those athletes. Babers was a pilot for the Air Force from 1983-1991 and continues to serve as a member of the Air Force Reserves. He is currently a 777 pilot for United Airlines.

Eileen M. Collins

Colonel (Retired) Eileen Collins is a former astronaut and retired from the Air Force in 2006 after a 28-year distinguished career. A former military instructor and test pilot, she was the first female pilot and commander of a space shuttle. The Syracuse graduate, who earned her master's degree from Stanford, graduated from Air Force undergraduate pilot training from Vance Air Force Base. Collins was a C-141 aircraft commander and instructor pilot from 1983-1985 and spent the following year at the Air Force Institute of Technology. From 1986-89, Collins was assigned to the Air Force Academy as an assistant professor in mathematics and a T-41 instructor pilot. She graduated from the Air Force Test Pilot School in 1990 and was selected by NASA to become an astronaut in 1991. Collins piloted the space shuttle Discovery in 1995 and was also the pilot for Atlantis in 1997. She became the first woman commander of a U.S. spacecraft with shuttle mission Columbia in 1999. Her final space flight was as commander of Discovery in 2005.

Lieutenant General (Retired) Charles H. Coolidge, Jr.

Lt. Gen. (Retired) Charles Coolidge is currently vice president of Air Force Programs for EADS North America. He is responsible for EADS North America's Air Force marketing and business development activities. Coolidge had an extensive and distinguished career in the United States Air Force, retiring after 36 years of service. Prior to joining EADS North America, Coolidge served as Vice Commander, Headquarters Air Force Materiel Command at Wright-Patterson Air Force Base. Throughout his career, he served in various operations and staff positions, including squadron commander, wing vice commander, wing commander and as director of operations and logistics. Coolidge commanded three U.S. Air Force wings and served on the staffs of four major air commands. He also served on the Joint Staff and was the Joint Staff representative to the U.S.-U.S.S.R. Standing Consultative Commission. Coolidge is a graduate of the Air Force Academy and earned a master's degree in physics from the Air Force Institute of Technology.

Theo Gregory

As associate vice president of El Pomar, Theo Gregory oversees community outreach activities on behalf of the Colorado Springs-based Foundation. He implements and manages innovative programs designed to provide direct services to Colorado communities and charitable organizations. The El Pomar Foundation is one of the largest foundations in the Rocky Mountain region, making grants in arts and humanities, education health, human services, amateur sports, civic and community initiatives with a special emphasis on excellence in nonprofit organizations and the development of its own operating programs. Gregory also has over 20 years of experience in athletic administration serving in various positions at Ohio State, UNLV, Colorado and the University of Colorado-Colorado Springs.

General (Ret) John G. Lorber, USAF

General John Lorber retired from the Air Force in 1997. While on active duty, he was the commander of Pacific Air Forces, Hickam Air Force Base, Hawaii, where he was responsible for all Air Force activities spread over half the world in a command that supported over 44,000 Air Force people serving principally in Hawaii, Alaska, Guam, South Korea and Japan. The General entered the Air Force in 1964 after graduating from the Air Force Academy. He flew as a fast-moving air controller in Vietnam, has commanded a fighter squadron and wing, and was a command pilot with more than 5,000 flying hours, primarily in fighter aircraft. After his

retirement from the military, Lorber held many vice presidential duties with the Boeing Company before retiring as vice president for the Colorado Region of the Boeing Company.

Allan McArtor

Allan McArtor is chairman of Airbus Americas, Inc. He oversees the activities and strategy of Airbus in the United States, Canada and Latin America. Airbus functions in the Americas include aircraft design engineering, marketing and sales support, product and technical support, and training for pilots, flight attendants and maintenance specialists. Prior to joining Airbus, McArtor was founder, chairman and CEO of Legend Airlines, a regional airline based out of Dallas Love Field, Texas. Prior to Legend, he served on the senior management team of Federal Express Corporation-except for two years (1987-89) when President Ronald Reagan appointed him to serve as the administrator of the Federal Aviation Administration. McArtor is a 1964 graduate of the U.S. Air Force Academy and was Cadet Wing Commander. He was also a highly decorated combat fighter pilot in Vietnam, an associate professor of engineering at the Academy, and capped his Air Force career as a pilot with the U. S. Air Force Thunderbirds.

Dr. Hans J. Mueh, BGen (Ret) USAF

Dr. Hans Mueh is currently the Director of Athletics of the Air Force Academy. He is responsible for the Academy's extensive 27-sport athletic and physical education program. Mueh, a 1962 graduate of the Air Force Academy, served as an intelligence officer in Saigon, South Vietnam, and at Nakhon Phanom Royal Thai Air Force Base, Thailand. Upon his return to the United States and after being recognized as a distinguished graduate at the University of Wisconsin with a doctorate of philosophy in chemistry, he was assigned to the Academy as an associate professor in chemistry. Mueh then served at the Defense Intelligence Agency in Washington D.C. before returning to the Academy where he was head of the Department of Chemistry and vice dean of the faculty. He retired from active duty in 2004 and became the Academy's ninth director of athletics.

Dr. Harvey W. Schiller, BGen (Ret) USAF

Dr. Harvey Schiller is currently the CEO of Global Options Group, a leading provider of risk mitigation and management services to government entities, Fortune 1,000 corporations and high profile individuals worldwide. After graduating from The Citadel, Schiller served a career in the Air Force, retiring as a brigadier general after completing an assignment as the permanent professor and department head of chemistry at the Air Force Academy. Following his military career, Schiller held a number of noteworthy positions in amateur and professional athletics including the commissioner of the Southeastern Conference, executive director/secretary general of the United States Olympic Committee, president of Turner Sports, and the CEO of Yankee/Nets, the parent organization of the New York Yankees and New Jersey Nets. Schiller currently serves as the president of the International Baseball Federation and is a member of the Commission on Presidential Scholars.

Patricia J. Zarodkiewicz

Patricia J. Zarodkiewicz, a member of the senior executive staff, is the principal deputy assistant secretary of the Air Force for financial management and comptroller, Headquarters U. S. Air Force, Washington, D.C. She assists the Assistant Secretary of the Air Force for financial management and analytical services necessary for the effective and efficient use of Air Force

resources. Her career includes numerous base, major command and headquarters-level experiences working with many appropriations.